

WEBER SCHOOL DISTRICT
AIR QUALITY GUIDANCE PROCEDURES

1. School nurses will provide the school with lists of “Sensitive Students.” Sensitive students may include those with asthma, cystic fibrosis, chronic lung disease, congenital heart disease, compromised immune systems, or other respiratory problems. (Parents, with the advice of their health care provider, should inform the school if they believe their child is part of a sensitive group and should have limited outdoor physical activity when air quality is poor).
2. The school should monitor daily the Particulate Matter (PM_{2.5}).
 - a. Go to the website <https://air.utah.gov/>
 - b. Click on Current Conditions
 - c. Click on Weber
3. Recommendations for recess. The following recommendations are suggested based on the PM_{2.5} level.
 - a. PM_{2.5} below 35.4 - All students outdoors
 - b. PM_{2.5} between 35.5 and 55.4 - Sensitive students and students with respiratory symptoms should stay indoors. Respiratory symptoms may include coughing, wheezing, shortness of breath, and chest tightness.
 - c. PM_{2.5} is 55.5 or higher –Indoor activities for all students.
4. Site based decision. The decision to limit outdoor activity based on PM_{2.5} levels rests with the building administration. When making the decision to restrict outdoor activity, additional factors along with the PM_{2.5} level such as length (15 minutes might be ok where 45 minutes is not) and type of activity (walking or sitting might be ok where running a mile might not be ok). Occurrence of respiratory symptoms, and other weather conditions should be considered.